

# Smarter Lunchrooms Movement Checklist

Instructions: Below is a list of tactics associated with the Smarter Lunchrooms Movement. Please review each of the tactics below and indicate whether your lunchroom has implemented these tactics by answering "YES" if you have implemented these tactics and "NO" if you have not implemented these tactics.

## COMMITMENT 1

### PROMOTING FRUIT

Yes No

Each day our lunchroom offers 2 fruit choices

Fruit is offered in two locations on a serving line or in the cafeteria?

Fruit is displayed in attractive bowls or baskets.

Fresh Pick marketing materials are used to promote fruit.

ChooseMyPlate promotional materials are used to promote fruit.

The A to Z Salad bar has been implemented this year.

Fruits are promoted with creative names in the serving area.

Students are offered taste testing of fruit. If yes, how frequently?: \_\_\_\_\_

Fruit is positioned at student's eye level.

Barriers to reach fruit are removed.

Food service staff used suggestive selling techniques to encourage students to take or consume fruit.

Nutrition education is offered in the classroom.

School staff supports fruit promotion.

Videos are used to help educate students about fruits.

## COMMITMENT 2

### PROMOTING VEGETABLES

Yes No

Each day our lunchroom offers 2 vegetable choices.

Cooked vegetables are positioned before entrées.

Raw vegetables are displayed in attractive containers.

Fresh Pick marketing materials are used to promote vegetables.

ChooseMyPlate promotional materials are used to promote vegetables.

School staff supports vegetable promotion.

Vegetables are promoted with creative names in the serving area.

Students are offered taste testing of vegetables. If yes, how frequently?: \_\_\_\_\_

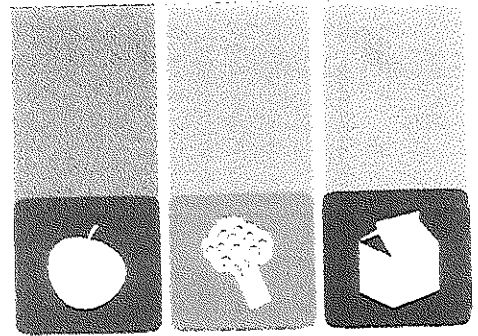
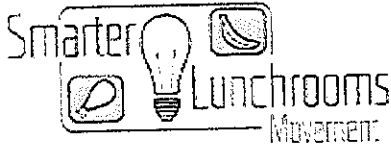
Vegetables are positioned at student's eye level.

Barriers to reach vegetables are removed.

Food service staff used suggestive selling techniques to encourage students to take or consume vegetables.

Chefs perform culinary demonstrations every \_\_\_\_\_ (ie. month, every other month, etc.)

Videos are used to help educate students about fruits.



**COMMITMENT 3**

**Promoting White Milk**

- |   |                                     |                          |
|---|-------------------------------------|--------------------------|
|   | Yes                                 | No                       |
| Is white milk positioned in front of chocolate milk?          | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| White milk represents at least 1/3 of the milk in the cooler. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| White milk is present in all milk coolers.                    | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Adults serve as positive role models by selecting white milk. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

**COMMITMENT 4**

**PROMOTING A SELECT ENTRÉE?**

- |  |                                     |                                     |
|--|-------------------------------------|-------------------------------------|
|  | Yes                                 | No                                  |
| A vegetarian or Smart Pick entrée is promoted every day.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| The selected entrée is positioned as the first entrée on the serving line.                                       | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Creative names are used to promote the entrée.   | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Food demonstrations are completed every _____<br>(i.e., month, every other month, etc.)                          | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Taste testing of entrées occurs at least once a month.   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Nutrition education is offered in the classroom.   | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Healthy entrées are promoted to parents through <u>Newsletters and Menus</u><br>(i.e., newsletters, menus, etc.) | <input type="checkbox"/>            | <input type="checkbox"/>            |

**COMMITMENT 5**

**PROMOTING A REIMBURSABLE MEAL**

- |   |                                     |                                     |
|---|-------------------------------------|-------------------------------------|
|   | Yes                                 | NO                                  |
| Reimbursable meals are promoted every day   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| All components for a reimbursable meal are available in the serving area.                   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| Creative names are used for entrées and sides.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| Sodexo marketing materials are used to promote reimbursable meals.                          | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| Students are offered taste testing of meal components.                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| Nutrition education is offered in the classroom.  | <input type="checkbox"/>            | <input type="checkbox"/>            |
| Chefs provide culinary presentations every: _____<br>(i.e., month, every other month, etc.) | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

**OTHER**

- |  |                                     |                                     |
|--|-------------------------------------|-------------------------------------|
|  | Yes                                 | No                                  |
| Do you have a Student Nutrition Advisory Council (SNAC)? | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| Does your school engage in the Future Chef program?      | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Does your school have a school garden?                   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |